

# Personal Integrity

In any case, an appropriate level of personal integrity, appropriate personal faith and confidence in oneself, and the courage to see what we see and say what we have seen.

Nothing in Dianetics and Scientology is true for you until you have seen it yourself. And it is true because of your own perception. That is all.

What is true for you is what you have observed yourself  
And when you lose that you have lost everything.

What is personal integrity?

Personal integrity is knowing what you know –  
What you know is what you know –  
And to have the courage to know and say what you have observed.

And that is integrity  
And there is no other integrity.

Of course we can talk about honor, truth, all these things,  
These esoteric terms.

But I think they'd all be covered very well  
If what we really observed was what we observed,  
That we took care to observe what we were observing,  
That we always observed to observe.

And not necessarily maintaining a skeptical attitude,  
A critical attitude, or an open mind.

But certainly maintaining sufficient personal integrity  
And sufficient personal belief and confidence in self  
And courage that we can observe what we observe  
And say what we have observed.

Nothing in Dianetics and Scientology is true for you  
Unless you have observed it  
And it is true according to your observation.  
That is all.

L. Ron Hubbard – 1965

